

# QUESTION BANK

## B.A. I<sup>st</sup> Year Semester I (2018 – 19)

### HOME – MEANING AND IMPORTANCE OF HOME SCIENCE

1. Which factors are considered while selection of site, soil and locality for a home?
2. Write down the advantages and disadvantages of own house.

### PRINCIPLES OF ART

1. Write down the principles of art.

### COLOUR

1. Write down the characteristics of colour.
2. Write down the emotional effects of colour.
3. Write down the classification of colours.
4. Explain colour schemes in brief.
5. Write down the factors affecting the choice of colours.

### HYGIENE & HEALTH

1. What is the meaning of infection? Write down the sources and carriers of infections.
2. Write down the prevention and control of infectious diseases.

### CAUSES, SPREAD AND CONTROL OF DISEASES

1. Write down the causes and prevention of cholera.

### FOOD HYGIENE

1. Write down the definition of food hygiene.
2. What is the meaning of food poisoning? Write down the causes and symptoms of food poisoning.

## **PURIFICATION AND STORAGE OF WATER FOR HOME**

1. Write down the methods of water supply.
2. Write down the fast techniques of purifying water.

## **B.A. II<sup>nd</sup> Year Semester III (2018 – 19)**

### **EQUIPMENTS & APPLIANCES USED IN CLOTHING CONSTRUCTION**

1. Give details of different types of marking equipments.
2. Write the types of finishing equipment.

### **SEWING MACHINE**

1. Describe machine operations.
2. Give details of different types of sewing machine.

### **RECORDING OF BODY MEASUREMENTS**

1. How can you classify different body measurements?

### **DIFFERENT METHODS OF DEVELOPING A DESIGN**

1. What points should be kept in mind while drafting? Give details.
2. What is the meaning of draping? Write its advantages and disadvantages.

### **CLASSIFICATION OF TEXTILE FIBRES**

1. Give the details of fibre classification.
2. Write down the characteristics of animal fibre.

### **MANUFACTURE AND PROPERTIES OF DIFFERENT FIBRES**

1. Explain the manufacture of cotton fibre.
2. Write down the properties of cotton fibre.
3. Explain the properties of woollen.

## **DIFFERENT TYPE OF YARNS: SIMPLE, NOVELTY AND BULK YARNS**

1. Explain in detail the spinning and properties of yarns.

## **FABRIC CONSTRUCTION – A BRIEF STUDY OF BASIC WEAVES**

1. What are different methods of fabric construction? Write about the properties of fabrics made by these methods.
2. Write a brief note on felting and bonding.
3. What do you know about weaving? Explain any two weaves.

## **B.A. III<sup>rd</sup> Year Semester V (2018 – 19)**

### **IMPORTANCE AND FUNCTIONS OF FOOD**

1. What is malnutrition? What are the causes of malnutrition in Indian population?
2. Classify food into various food groups and discuss them in detail.

### **ESSENTIAL FOOD CONSTITUENTS**

1. What is protein? Describe the functions of protein in the body.
2. Write about the diseases caused due to the deficiency of protein.
3. Explain the sources and functions of carbohydrates? What are the effects of deficiency of carbohydrates?
4. What is the difference between Kwashiorkor and Marashms? Discuss their causes and treatment.

### **METHODS OF COOKING**

1. Write principles of cooking food.
2. Write the methods of cooking.
3. Why cooking is necessary?

### **FOOD NUTRIENTS**

1. Write R.D.A. of carbohydrates and proteins of all age groups, including

pregnancy and lactation.

2. What are the rich sources of Vitamin 'A' & 'C'? Write in brief.

### **CONCEPT OF BALANCED DIET**

1. Define balanced diet.
2. Which factors affects planning of food?
3. Which methods can be used to increase the nutritive elements of the food?

### **CLASSIFICATION OF FOOD BASED ON THE FIVE / SEVEN FOOD GROUPS**

1. ICMR has suggested which 5 diet group? Describe any two groups in detail.
2. Describe the protective food and vegetable and fruits.

### **PREGNANCY**

1. Explain about the discomforts of pregnancy. What precautions should be taken to avoid these discomforts?
2. Give the important sign of pregnancy.

### **METHODS OF FAMILY PLANNING**

1. What are the methods of family planning? Describe them.

### **PRE – NATAL DEVELOPMENT**

1. Define the pre – natal period.
2. Describe factors affecting the pre – natal development.
3. Write the stages of pre – natal development.

### **FEEDING OF THE INFANT**

1. Write about the differences of breast milk and bottle milk.
2. What is the advantage of breast feeding to mother and baby?

## **DEFINITION AND IMPORTANCE OF CHILD DEVELOPMENT**

1. What does child development mean? Explain its importance.
2. Write the aims of child development.
3. What are the stages of child development? Describe them.

## **DIFFERENCE BETWEEN GROWTH AND DEVELOPMENT**

1. Differentiate between growth and development.
2. Write down the utility and importance of child development.
3. What are the principles of growth and development? Write in detail.

## **CLASS XII (2018 – 19)**

### **FOOD, NUTRIENTS AND NUTRITION**

1. Discuss the functions of food.
2. What is balanced diet?

### **NUTRIENTS AND NOURISHMENT**

1. Write the necessary components of food. Explain any 3 of them in detail.
2. What is the importance of vitamins for our body? What are the disadvantages of its deficiency?

### **MEAL PLANNING**

1. What do you mean by food – planning? Write the main principles of food

planning?

2. Mention the guide line for the food planning of the people of different age – groups.

## **FOOD SELECTION, STORAGE, PREPARATION AND PRESERVATION AT HOME**

1. Why is food cooked? Give reasons behind cooking of food.
2. Describe in detail the principles of cooking of food.
3. Describe the methods of cooking food.
4. Write the principles of preservation of food.
5. Write the significance of preservation of food.
6. What the methods of preserving of food?

## **FOOD SAFETY**

1. What are the harmful effects of food adulterations?
2. What is meant by the food standards?
3. How can we check the adulteration of food?

## **DIET THERAPY**

1. What points should be taken into consideration, while managing the therapeutic diet?
2. What main objectives should be kept forth, while organising the therapeutic diet?
3. What is bland – diet?
4. What is roughage and non – spicy diet?
5. What is convalescence diet?

## **BEGINNING OF MOTHERHOOD**

1. Discuss the signs of pregnancy.
2. Discuss the discomforts of pregnancy.

### **PRE – NATAL PHYSIOLOGICAL PROCESSES**

1. Discuss the stages of pre – natal development.
2. What are the techniques of foetal – monitoring?

### **CARE OF NEW BORN**

1. Discuss the characteristics of new born baby.
2. What are the different stages of development of new born baby? Explain in brief.

### **INFANT STIMULATION**

1. What are the things that stimulate a child?
2. Describe in brief, the mutual activity between a mother and a baby.

**CLASS XI (2018 – 19)**

**MEANING AND IMPORTANCE OF HOME SCIENCE**

1. Write down the importance of home science education in our life.
2. Discuss about various career options in home science field.

## **CONCEPTS OF HOME MANAGEMENT**

1. Explain the purpose of home management.
2. What are the desirable qualities of a home manager?

## **MANAGEMENT OF FAMILY RESOURCES**

1. Explain about methods of reducing fatigue.
2. Discuss in brief about various ways of work simplification.

## **CLEANING AND MAINTENANCE OF HOUSE & HOUSEHOLD ITEMS**

1. Write down the importance of cleaning.
2. Explain in detail different eco- friendly substitutes for cleaning household items and surfaces.

## **INTERIOR DECORATION AND SPACE MANAGEMENT**

1. What are the basic principles that help in decoration?
2. How can you manage the space in home with the use of colour, light and accessories?

## **CONSUMER EDUCATION AND PROTECTION**

1. Write in detail about various consumer aids.
2. Explain in detail about the Consumer Protection Act, 1986.

## **FIBRE**

1. Discuss the different types of natural fibres.
2. Explain the difference between regenerated and synthetic fibres.



## **FABRIC CONSTRUCTION AND FINISHES**

1. Define yarn and explain various types of yarns.
2. Explain the various purposes to give finishes to fabrics.
3. Discuss various methods of fabric construction.
4. Explain various types of weaves.

## **DYEING AND PRINTING**

1. What is the purpose of dyeing?
2. Explain the process of batik work in detail.

## **ELEMENTS AND PRINCIPLES OF DESIGN**

1. Discuss any five elements of design.
2. Write down the principles of design.
3. Discuss colour as an important element of design.

## **SELECTION, CARE, MAINTENANCE AND STORAGE OF CLOTHES**

1. Discuss various factors that affect the selection of clothing.
2. What are the various rules to follow while removing different type of stains?
3. What are the important points to keep in mind before buying readymade garments?